## **Strong Foundations**

## **Lunch Menu**

## October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Breakfast Prices: Full: \$1.60 Reduced: Free  Lunch Prices: Full: \$2.85 Reduced: \$.40	Grilled Cheese Tomato Slices Apple Or Yogurt Boat	Chicken and Waffles w/Syrup Baked Fries Applesauce Or Yogurt Boat	Confetti Pancakes w/Syrup Ham Slices Veggie Beans Blueberry Cup Or Yogurt Boat	Pizza Round Red Peppers Sliced Peach Cup Or Yogurt Cup
7	8	9	10	11
Chicken Tenders Dinner Roll Garden Salad Dried Cherries Or Yogurt Boat	Homemade Cheeseburger Mac/Cheese Dinner Roll Green Beans Pear Cup Or Yogurt Boat	BBQ Rib Sandwich Cole Slaw Watermelon Or Yogurt Boat	Cinnamon French Toast Sticks Ham Slices Veggie Beans Strawberry Cup Or Yogurt Boat	French Bread Pizza Carrots Mixed Fruit Cup Or Yogurt Boat
14	15	16	17	18
No School	Shepard's Pie Dinner Roll Green Beans Orange Slices Or Yogurt Boat	Hot Dog on Bun Sweet Potato Green Apple Or Yogurt Boat	Baked Waffles w/Syrup Ham Slices Veggie Beans Applesauce Or Yogurt Boat	Pizza Max Sticks w/Marinara Cucumber Slices Raisins Or Yogurt Boat
21	22	23	24	25
Crispy Chicken Burger on Bun Lettuce/Tomato Pear Or Yogurt Boat	Chicken Nachos Lettuce/Tomato/Salsa Plum Or Yogurt Boat	Chicken Ranch Wrap Baby Carrots Apple Or Yogurt Boat	Egg, Ham, Cheese Croissant Veggie Beans Peach Cup Or Yogurt Boat	Stuffed Crust Pizza Green Pepper Slices Mixed Fruit Cup Or Yogurt Boat
28	29	30	31	Yogurt Boats: Yogurt
Spooky Bat Nuggets Baked Fries Steamed Broccoli Banana Or Yogurt Boat	Pasta and Meatsauce Dinner Roll Green Beans Sliced Strawberries Or Yogurt Boat	Cheeseburger on Roll Lettuce/Tomato/Pickle Dried Cranberries Or Yogurt Boat	Pancakes w/Syrup Ham Slices Veggie Beans Pear Cup Or Yogurt Boat	Cereal Cheese Stick Animal Crackers Fruit/Veggie of Day Juice Choice of 1% White or Fat Free Chocolate Milk

Menu Subject to change without notice. This Institution is an Equal Opportunity Provider.